



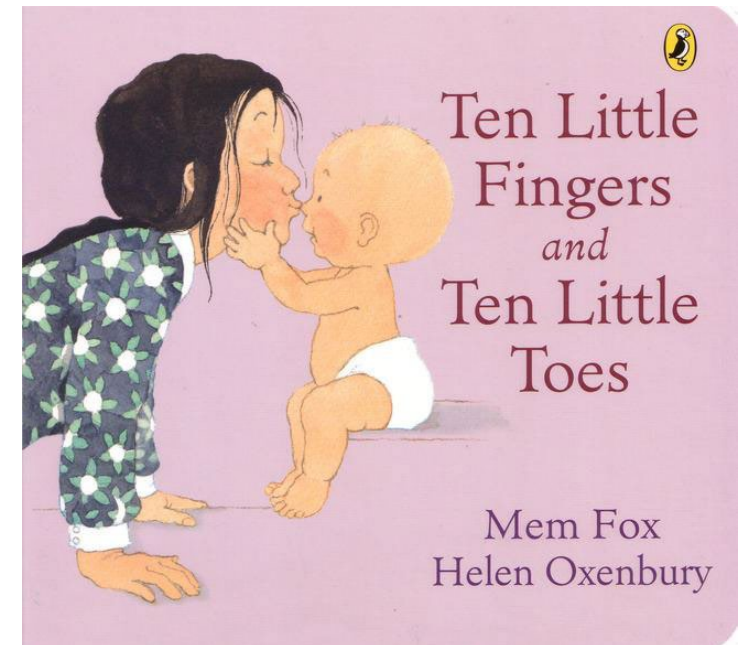
June – Book of the Month

“10 Little Fingers and 10 Little Toes” by Mem Fox

For Ages: Birth – 4 years

Great because:

- Very little babies enjoy looking and listening to this book, 2-3 month olds will move their arms and legs and smile with delight while looking and listening to this book.
- It encourages closeness between you and your child - while reading it you can't help but admire their little fingers and toes and give them kisses on the nose.
- It rhymes and has a repetitive line - this helps older children read and helps young babies remain engaged. It is a mix between a nursery rhyme and a story.
- It has pictures of babies of all different backgrounds making it nice for community settings.
- Nice to introduce reading as part of a bed time routine.
- Research shows if you read to your baby they are more likely to have better language and literacy skills when they start school.



Can't find this book? Try some other books babies love such as: Kissed By the Moon by Alison Lester or Where is the Green Sheep? by Mem Fox.

Any questions about Child Development or want more information on these ideas?
Contact **Bunbury Community Health** for more information on 08 9795 2888 or email us at:
WACHS-SWPHHudsonRdAdmin@health.wa.gov.au





June – Activity of the Month

Do It Yourself Mr. Potato Head

For Ages: 3 years +

You'll need: Toothpicks, large potato and any fruit/vegetables you have in the house.

Break toothpicks in half and push them into the potato to hold face features. Cut up the fruit/vegetables for different face features and thread onto the toothpicks. Eat the fruit/vegetable as you go, or cook them up afterwards as a stir-fry.

Great because:

- You can talk about body parts, colours, how many, vegetable/fruit name, how it tastes.
- Kids can learn where all the body parts go.
- You can take turns picking what to put on him.
- Kids can practise using their fingers to thread the parts onto the toothpick.
- Pretend play - make up names and use them as people.
- You can take turns closing your eyes and guessing what fruit/vegetable the other person has put in your mouth.



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June – Toy of the Month

Mr. Potato Head

For Ages: 2 – 5 years

Great because:

- You can talk about body parts, colours, how many.
- Kids love putting the body parts in the wrong places to make him look silly.
- Talk about why he looks silly.
- Kids can learn where all the body parts go.
- You can take turns picking what to put on him.
- Children can practise using their hands to push the parts in – great for fine motor skills and problem solving.
- Pretend play - make up names and use them as people.
- Make the 'Toy Story' movie come to life – talk about the movie after you have watched it and role play scenes with Mr. Potato Head.



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