#HealthyCountryKids

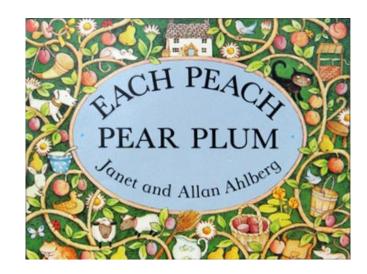
May – Book of the Month

"Each Peach Pear Plum" by Janet & Allen Ahlberg

For Ages: 2 – 5 years

Great because:

- Introduces favourite fairy tale characters, such as Tom Thumb and The Three Bears.
- Children can interact with the picture to find the next fairy tale and nursery rhyme character.
- They can start to look for clues to guess what will happen next.
- Plenty of action happening in the picture to promote discussion.
- Practise answering or asking questions about what the characters are doing.
- You could play 'I spy' with the pictures. This can help with visual perceptual skills to get ready for reading.
- The familiar, repetitive rhyme lets kids join in with reading.
- Board book edition is perfect for little hands.





Any questions about Child Development or want more information on these ideas?

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May – Activity of the Month

Nursey Rhyme Box

For Ages: 2 - 6 years

You'll need: Large box, paint/crayon/markers and props/characters that are found in nursery rhymes. For example:

- A star cut out from paper for Twinkle Twinkle Little Star
- A teddy bear for Teddy Bear Turn Around
- A face drawn on a paper plate for Heads and Shoulders
- A feather for Five Little Ducks
- An old/broken watch for Hickory Dickory Dock
- A photo of your pet dog/cat/chooks for Old McDonald Had a Farm

Great because:

- Pick one item out of the box and sing the nursery rhyme together.
- Learn new words.
- Older kids learn rhyming words (e.g. dock/clock in Hickory Dickory Dock).
- Encourage actions and movements for fine motor and coordination skills.
- Kids learn turn taking take turns to pull an object from the box.



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May – Toy of the Month

Chalk







For Ages: 3 - 10 years

Great because:

- Young and old children can play together.
- Drawing helps get little hands ready for writing.
- Encourages creativity and imagination as they can make/draw anything.
- Encourages outdoor play; hopscotch or train tracks to run around.
- Can practice writing their names and pencil grip.
- Can be used on footpath, pavement or roads and easy to remove with water.

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