



## October – Book of the Month

### “We’re Going on a Bear Hunt” by Michael Rosen & Helen Oxenbury

**For Ages:** 3 months – 5 years

#### Great because:

- It rhymes and can be like a song for young children.
- You can talk about feeling words such as ‘scared’.
- It is repetitive so early readers can join in.
- You can read the book with lots of actions – this is especially fun in a group. For example everyone walks through the mud and says “squelch squelch”.
- Children can practice saying words that start with s blends (s and another consonant). These can be tricky for lots of children. Some blends in this book include “swishy”, “stumble” and “splash”.

**Can’t find this book?** Choose a book about bears from the library.

Any questions about Child Development or want more information on these ideas?  
Contact **Bunbury Community Health** for more information on 08 9795 2888 or email us at:  
[WACHS-SWPHHudsonRdAdmin@health.wa.gov.au](mailto:WACHS-SWPHHudsonRdAdmin@health.wa.gov.au)

### *We’re Going on a Bear Hunt*

*Michael Rosen      Helen Oxenbury*





# October – Activity of the Month

## Animal Walks

For Ages: 2+ years

### Great because:

- Develops core strength and coordination.
- Encourages copying skills.
- Encourages following instructions e.g. hands and feet on the floor, tummy up.
- Develop labelling vocabulary for different animals e.g. put some toy animals in a bag, pull them out.
- Develops action vocabulary: walk, jump, hop, crawl, slither, scurry.
- Introduce less familiar animals by watching You Tube videos of different animals, talk about how they walk and then try it.

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# October – Toy of the Month

## Trains



**For Ages:** 2 years - adulthood

### Great because:

1. Building the track helps children's fine motor skills, problem solving and attention (you can't build half a track).
2. Lots of children love playing with trains. Kids like the toy for a long time and they are usually built to last.
3. You and the child can practice action words like 'push', 'go', 'stop' and 'crash'.
4. You can teach children the meaning of location words like 'in', 'on', 'under', 'over' and 'through'.
5. Trains are a great way to talk about 'long', 'short', 'first' and 'last'.
6. You can put anything on and off trains.
7. Lots of children can play alongside each other with a train track.

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