



September – Book of the Month

“That’s Not My...” Book Series

For Ages: 1 month – 2 years (as well as some early readers)

Great because:

- The different textures and bright colours engage little babies.
- They repeat the same word on every page for example “frog” in “That’s not my frog”. This helps little ones learn the word.
- They are durable board books for book destroyers. This means you can just leave them around on the floor and follow your child’s lead when they are interested in them.
- The repetitive line means older children (4 years) can learn to read them quickly. This makes them good books for big brothers and sisters to read to their younger siblings.
- Finding the little mouse on every page helps children’s early visual perception skills to develop.



Any questions about Child Development or want more information on these ideas?
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WACHS-SWPHHudsonRdAdmin@health.wa.gov.au





September – Activity of the Month

Sock Puppet Animals

For ages: 3+ years (with help)

You'll need: Spare socks, glue, felt, buttons, googly eyes, and bits from around the house.

Great because:

- Kids practise using their fine motor skills to put everything on, then use your hands to make them work – great for hand strengthening.
- Encourage imagination by bringing the puppets to life – pretend play!
- Role play different scenes: going shopping, getting ready for school, making a cake, tea party.
- Practise asking questions and giving answers: “What is your name?” “What do you want from the shops?”
- Learn actions words - talk about what the puppets is doing.
- Talk about and explain feeling words – “He’s excited to go to school today” “He’s feeling a bit worried about the noisy storm”.



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September – Toy of the Month

Bubbles and Balloons



For Ages: 6 months – any age

Great because:

1. Children love them and they are cheap and portable.
2. Blowing bubbles can be calming.
3. You can teach lots of words like - more, bubbles, up , big, pop, uh oh, blow, go, bang, yucky, to little children (12-18 months).
4. Try blowing bubbles and then waiting and seeing how your child asks for more.
5. Groups of children can play together. You can try blowing up a balloon and letting it go, watching it whizz around. Children can use location words like 'under', 'on' and 'in' to find the balloon.
6. Catching and hitting balloons helps build hand eye coordination. Try balloon and fly swat tennis, it is great fun. Popping bubbles helps children isolate their index finger.

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