



Early Parenting Groups - Eaton, Australind

A four week program to assist new parents with the demands of becoming a parent and to make this time enjoyable.

Commencement Date	Day & Time	Address	Suburb
8 January	Wednesday 9:30am - 11:30am	Eaton Child Health, 10 Charterhouse St	Eaton
16 January	Thursday 9:30am - 11:30am	Kingston Child Health, 87 Macquarie Drive	Australind
11 March	Tuesday 9:30am - 11:30am	Riverlinks Child Health, 1 Leisure Drive	Australind
12 March	Wednesday 9:30am - 11:30am	Eaton Child Health, 10 Charterhouse St	Eaton
7 May	Wednesday 9:30am - 11:30am	Riverlinks Child Health, 1 Leisure Drive	Australind
14 May	Wednesday 9:30am - 11:30am	Eaton Child Health, 10 Charterhouse St	Eaton

#HealthyCountryKids



Call **1800 457 949** to book. Please bring a rug for baby to lay on.

Scan QR Code or visit www.childhealth.health.wa.gov.au for information
on other child health programs.





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Commencement Date	Day & Time	Address	Suburb
3 July	Thursday 9:30am - 11:30am	Kingston Child Health, 87 Macquarie Drive	Australind
30 July	Wednesday 9:30am - 11:30am	Eaton Child Health, 10 Charterhouse St	Eaton
26 August	Tuesday 9:30am - 11:30am	Riverlinks Child Health, 1 Leisure Drive	Australind
24 September	Wednesday 9:30am - 11:30am	Eaton Child Health, 10 Charterhouse St	Eaton
15 October	Wednesday 9:30am - 11:30am	Riverlinks Child Health, 1 Leisure Drive	Australind
13 November	Thursday 9:30am - 11:30am	Kingston Child Health, 87 Macquarie Drive	Australind
19 November	Wednesday 9:30am - 11:30am	Eaton Child Health, 10 Charterhouse St	Eaton

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Early Parenting Groups - Bunbury, Dalyellup, Carey Park

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Commencement Date	Day & Time	Address	Suburb
9 January	Thursdays 10:00am - 11:30am	Carey Park Child Health, Eccelstone Street	Carey Park
12 February	Wednesdays 1:00pm - 2:30pm	Hudson Rd Child Health, 24A Hudson Road	Bunbury
17 April	Thursdays 1:00pm - 2:30pm	Carey Park Child Health, Eccelstone Street	Carey Park
1 May	Thursdays 1:00pm - 2:30pm	Dalyellup Child Health, 6 Gosse Way	Dalyellup
10 June	Tuesdays 1:00pm - 2:30pm	Hudson Rd Child Health, 24A Hudson Road	Bunbury

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Commencement Date	Day & Time	Address	Suburb
10 July	Thursday 1:00pm - 2:30pm	Carey Park Child Health, Eccelstone Street	Carey Park
5 August	Tuesday 10:00am - 11:30am	Dalyellup Child Health, 6 Gosse Way	Dalyellup
11 September	Thursday 1:00pm - 2:30pm	Hudson Rd Child Health, 24A Hudson Road	Bunbury
9 October	Thursday 1:00pm - 2:30pm	Dalyellup Child Health, 6 Gosse Way	Dalyellup
17 November	Monday 1:00pm - 2:30pm	Hudson Rd Child Health, 24A Hudson Road	Bunbury

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Circle of Security - Bunbury and Surrounds

Circle of Security Parenting (COSP) focuses on supporting and strengthening parentchild relationships and teaches new ways to understand and respond to your child's needs. It is based on decades of attachment research, and how secure parent-child relationships can be supported and strengthened.

Commencement Date	Day & Time	Address	Suburb
13 May 2025 (creche available)	Tuesdays, 9:30am - 11:30am	Hudson Road Family Centre, 95 Hudson Road	Bunbury
30 July 2025 (creche available)	Wednesdays, 10:00am - 12:00pm	Collie Child and Parent Centre, Wilson Park Primary School, 6 Cable Street	Collie
21 October 2025 (creche available)	Tuesdays, 9:30am - 11:30am	Hudson Road Family Centre, 95 Hudson Road	Bunbury

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Bookings essential, please email: WACHS-SWParenting@health.wa.gov.au

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Introducing Solids

An information session for parents and carers of children aged three to six months, on introducing solid foods.

Find out why and how solids are introduced; how much food and which foods to start with; and allergies and intolerances.

Date	Day & Time	Address
17 February 2025	Monday 2:00pm - 3:30pm	Online via MS Teams
7 April 2025	Monday 10:00am - 11:30am	Online via MS Teams
12 May 2025	Monday 2:00pm - 3:30pm	Online via MS Teams
25 June 2025	Wednesday 10:00am - 11:30am	Online via MS Teams
6 August 2025	Wednesday 2:00pm - 3:30pm	Online via MS Teams
15 September 2025	Monday 10:00am - 11:30am	Online via MS Teams
29 October 2025	Wednesday 10:00am - 11:30am	Online via MS Teams
1 December 2025	Monday 2:00pm - 3:30pm	Online via MS Teams



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